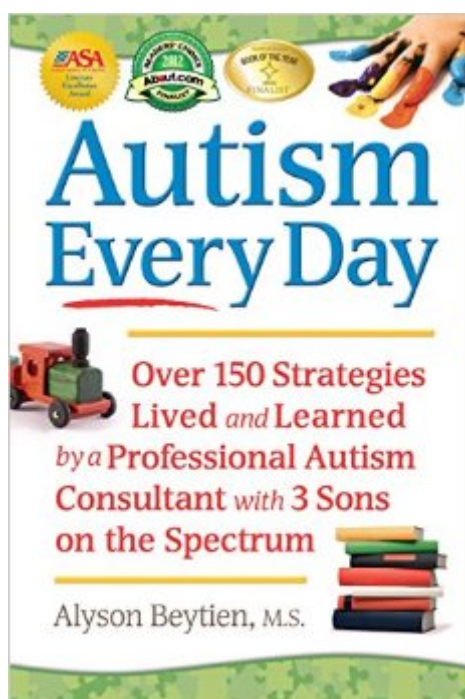


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# Autism Every Day: Over 150 Strategies Lived And Learned By A Professional Autism Consultant With 3 Sons On The Spectrum



## Synopsis

Stemming from a wealth of both professional and personal experience, this guidebook combines real-life stories of challenges and successes with practical ideas for handling autism, every day. Autism consultant Alyson Beytien outlines over 150 tried-and-true techniques for home, school, and community. Alyson's three boys cover the whole spectrum of autism, Asperger's syndrome, high-functioning autism, and classic autism. She understands the wide range of needs these children have and has discovered what helps and what hinders. Covering a full gamut of issues from picky-eating and echolalia to IEPs and The Woes of Walmart. Alyson's ideas and interventions will inspire and inform all those who are connected to a person with autism. Alyson believes that each day brings more opportunities to learn, problem-solve, and celebrate the joys that children with autism bring to our world after all, today's crisis is tomorrow's humor. Her family's motto will soon become your everyday mantra: *Improvise and Overcome!*

## Book Information

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Average Customer Review: 4.9 out of 5 stars [See all reviews](#) (45 customer reviews)

Best Sellers Rank: #45,712 in Books (See Top 100 in Books) #59 in [Books > Health, Fitness & Dieting > Children's Health > Autism & Asperger's Syndrome](#)

## Customer Reviews

Teacher, autism trainer and mother -Alyson Beytien has performed a magic act. I don't mean raising three boys with autism and not going insane- I mean writing an entertaining book about the challenges and joys of raising her unique and lovable guys while making the reader LOL (you know... "laugh out loud") and wonder - HDSDI (how does she do it!). "Autism Every Day" is Alyson's story of a life filled with the many acronyms familiar to every parent of a child with special needs, the funny and not so funny experiences that make her laugh and cry and the strategies she has learned through her training and on the job parenting. I use the author's first name because readers will quickly feel like they know Alyson. She is the shopper in Walmart trying to diffuse a tantrum, the

parent who cries at IEP meetings and friend who dances next to her child in public to explain away his unusual body movements (it's a family dance she says!!).Pages saturated with love and humor are also pungent with words of wisdom such as:\*It's a life saver to use visual schedules that indicate what will happen, when and how long it will last (i.e. doctor's visit, shopping, Christmas dinner).\*children with autism need to be taught flexibility by changing things up just enough to be tolerable but not so much as to cause a meltdown (hint: choice cards can help with this).

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